

## Abstract

A cable support and method for securing a plurality of cables to the structure of a building in such a manner that they are maintained parallel and separate from one another. The one-piece cable support includes a base with an attachment arrangement for anchoring to a surface and a plurality of first and second holding members. Each first holding member includes an arcuate cable holder, a slot, and a deformable member thereon. Each second holding member includes a cable rest thereon. The first and second holding members are paired in sets. The base is secured to a building structure and a cable laid within each set of holding members. A leverage tool is inserted within each slot and leverage applied to deform the deformable member until it contacts the inserted cable. The sets of holding members are aligned parallel to one another thereby providing a cable installation in which each of the inserted cables are securely held separate and parallel to one another.